

Xelstrym®
(dextroamphetamine) **Ⓢ**
transdermal system

4.5mg/9 hours 9mg/9 hours 13.5mg/9 hours 18mg/9 hours

**XELSTRYM®: wearable
ADHD treatment that
lets you control**

Your time, Your way

XELSTRYM is a once-daily patch that offers flexibility to fit your changing schedule

Work with your healthcare provider to determine when to apply and when to remove XELSTRYM. XELSTRYM should be removed within 9 hours.



**The Mindful Patch™ app may help
you start and stay on track
with your treatment**



WHAT IS XELSTRYM?

XELSTRYM is a central nervous system stimulant prescription medicine used for the treatment of Attention-Deficit Hyperactivity Disorder (ADHD) in adults and children 6 years and older. XELSTRYM may help increase attention and decrease impulsiveness and hyperactivity in adults and children 6 years of age and older with ADHD. XELSTRYM is not recommended for use in children under 6 years of age with ADHD.

IMPORTANT SAFETY INFORMATION

Abuse, misuse, and addiction: XELSTRYM is a federally controlled substance (CII) because it contains dextroamphetamine that can be a target for people who abuse prescription medicines or street drugs. Keep XELSTRYM in a safe place to protect it from theft. Never sell or give your XELSTRYM to anyone else because it may cause death or harm to them and it is against the law. Tell your healthcare provider (HCP) if you or your child have ever abused or been dependent on alcohol, prescription medicines, or street drugs.

Please read Important Safety Information throughout, [full Prescribing Information](#), including the **BOXED WARNING**, and the [Medication Guide](#).

What is XELSTRYM®?



The first and only amphetamine patch for ADHD

- XELSTRYM uses patch technology to deliver medication through the skin*—a method called transdermal drug delivery
- XELSTRYM has the same active metabolite (dextroamphetamine) as Vyvanse®†, a medication that has been used to treat ADHD since 2007



Treatment for ADHD should meet the demands of your changing schedule and offer flexibility

- XELSTRYM patch technology allows you and your healthcare provider to tailor your ADHD treatment to meet your daily needs
- Apply XELSTRYM 2 hours before the effect is needed and remove within 9 hours after application. Do not wear the patch for more than 9 hours
- Use only one patch per day (per 24 hours) and change application site when a new patch is applied

*Please see Instructions for Use at xelstrym.com.

†There are no head-to-head safety or efficacy studies comparing Vyvanse® and XELSTRYM. VYVANSE® is a registered trademark of Takeda Pharmaceuticals U.S.A., Inc.

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IMPORTANT SAFETY INFORMATION (continued)

Do not use XELSTRYM if you or your child are:

- Allergic to amphetamine or any of the ingredients in XELSTRYM. See the end of the Medication Guide for a complete list of ingredients in XELSTRYM.

Please read Important Safety Information throughout, [full Prescribing Information](#), including the **BOXED WARNING**, and the [Medication Guide](#).



Patch not actual size.

A treatment you can wear

The XELSTRYM[®] patch is clear, discreet, and can be worn under your clothing in one of 10 different application sites.



The Mindful Patch app offers customizable application and removal reminders to help you put your patch in the right spot and for the right amount of time each day.

Upper back

Chest

Upper arm

Flank

Hip

Choose from right or left side of body.

Four dosage strengths provide flexible options

Patches, US nickel, and golf ball shown at actual size.

18 mg/9 hrs
1.7 x 1.7 in

13.5 mg/9 hrs
1.5 x 1.5 in

9 mg/9 hrs
1.2 x 1.2 in

4.5 mg/9 hrs
.9 x .9 in

Golf ball = 1.7 in

Nickel = .8 in



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You can wear XELSTRYM[®] during most daily activities

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	YES	AVOID
Showering*	✓	
Bathing*	✓	
Swimming*	✓	
Activities that cause sweating†	✓	
Direct heat‡		✗

*Check to see if the patch has become loose after bathing, showering, or swimming.

†Check the patch fit if you sweat excessively.

‡After applying XELSTRYM, avoid exposing the application site to direct external heat sources, such as hair dryers, heating pads or electric blankets, heat lamps, saunas, hot tubs, and heated water beds. Exposure to heat can cause too much medicine to pass into your body and cause serious side effects.

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A patch with a proven safety profile



As with any medication, some side effects are common, including:

- Decreased appetite
- Headache
- Trouble sleeping
- Stomach pain
- Nausea
- Increased blood pressure
- Muscle twitching (tics)
- Vomiting
- Irritability
- Increased heart rate

Application site reactions have happened while wearing XELSTRYM and after removal of the patch. Symptoms include pain, itching, burning feeling, redness, discomfort, or swelling at the application site. Call your healthcare provider if you or your child develop any application site reactions that do not resolve on their own.

Follow the suggested best practices—and avoid the mistakes—highlighted on the next page to help reduce the risk of application site reactions.

IMPORTANT SAFETY INFORMATION (continued)

Do not use XELSTRYM if you or your child are: (continued)

- Taking or have taken within the past 14 days a medicine called a monoamine oxidase inhibitor (MAOI), including the antibiotic linezolid or the intravenous medicine called methylene blue.

Please read Important Safety Information throughout, [full Prescribing Information](#), including the BOXED WARNING, and the [Medication Guide](#).

Important considerations when applying and wearing XELSTRYM®

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Start strong—here's what to do when applying your patch



Not actual size.

- ✓ Apply only **one patch** at a time
- ✓ Apply **a new patch** every day
- ✓ Choose a **different application site** from the one used the previous day to reduce the risk of skin reactions like irritation, discomfort, or pain

IMPORTANT SAFETY INFORMATION (continued)

XELSTRYM can cause serious side effects, including:

- **Risks for people with serious heart disease.** Sudden death has happened in people who have heart defects or other serious heart disease. Your HCP should check you or your child carefully for heart problems before starting treatment with XELSTRYM. Tell your HCP if you or your child have any heart problems, heart disease, or heart defects.

Call your HCP or go to the nearest hospital emergency room right away if you or your child have any signs of heart problems such as chest pain, shortness of breath, or fainting during treatment with XELSTRYM.

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Stay informed—here's what to avoid with your patch

-  **DO NOT** wear the patch for more than 9 hours in a 24-hour period
-  **DO NOT** touch the sticky side of the patch with your fingers.
If touched accidentally, wash your hands right away with soap and water
-  **DO NOT** expose the application site to direct heat sources (for example, heating pads, electric blankets, saunas, hot tubs, etc.)
-  **DO NOT** apply dressings, tape, or other adhesives over the XELSTRYM patch

Need more application tips?



Click here
to download an
application guide



Click here
to watch a helpful
how-to video

Please read Important Safety Information throughout, [full Prescribing Information](#), including the BOXED WARNING, and the [Medication Guide](#).

Mindful Patch: A digital app for your ADHD treatment journey

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The first and only app that helps you start and stay on track with your XELSTRYM® treatment over time. With the Mindful Patch app, you can:



Set and monitor your medication schedule

Customize your patch application and rotation schedules to help you stay on track with your treatment as determined by your healthcare provider.



Stay informed about your ADHD and wellbeing

With tracking of factors related to your ADHD and overall wellbeing, the Mindful Patch app gives you select insights about your ADHD journey that you can share with your healthcare provider.



Make the most of your treatment journey

Copay savings opportunities, including information about the Noven C.A.N.™ savings program.



Explore the Mindful Patch app



Download the
Mindful Patch app



Download via the
Apple store



Download via the
Google app store

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Savings and support are always within reach

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Commercially Insured
Patients Pay As Little As

\$25* for
First Prescription

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**Commercially Insured -
COVERED**

May Pay As Little As \$25
for Rx #2+

**Commercially Insured -
NOT COVERED**

May Pay As Little As \$85 for Rx #2-9
Rx #10+ Max Benefit of \$350 per Rx Applied

*Restrictions Apply. Cash Offer Available.
Visit XELSTRYM.com for Terms and Conditions.

Care Access Network
NOVEN CAN

Get affordable access through the Copay Savings Program

Enrolling is simple!

- Enroll directly in the **Mindful Patch app**
- Text **"SAVE"** to 515-517-6662
- Or visit **[XELSTRYM.com](https://www.xelstrym.com)**

IMPORTANT SAFETY INFORMATION (continued)

XELSTRYM can cause serious side effects, including: (continued)

- **Increased blood pressure and heart rate.** Your HCP should check you or your child's blood pressure and heart rate regularly during treatment with XELSTRYM.

Please read Important Safety Information throughout, [full Prescribing Information](#), including the **BOXED WARNING**, and the [Medication Guide](#).

IMPORTANT SAFETY INFORMATION (continued)

XELSTRYM can cause serious side effects, including: (continued)

- **Mental (psychiatric) problems.** Including new or worse behavior and thought problems; new or worse bipolar illness; new psychotic symptoms (such as hearing voices, or seeing or believing things that are not real); or new manic symptoms. Tell your HCP about any mental problems you or your child have or about a family history of suicide, bipolar illness, or depression. **Call your HCP right away if you or your child have any new or worsening mental symptoms or problems during treatment with XELSTRYM, especially hearing, seeing or believing things that are not real, or new manic symptoms.**
- **Slowing of growth (height or weight) in children.** Children should have their height and weight checked often while on XELSTRYM. Your HCP may stop treatment with XELSTRYM if your child is not growing or gaining height or weight as expected.
- **Circulation problems in fingers and toes (peripheral vasculopathy, including Raynaud's phenomenon).** Fingers or toes may feel numb, cool, or painful. Fingers or toes may change color from pale, to blue, to red. Tell your HCP if you or your child have any numbness, pain, skin color change, or sensitivity to temperature in the fingers or toes. **Call your HCP right away if you or your child have any signs of unexplained wounds appearing on fingers or toes while using XELSTRYM.**
- **Serotonin syndrome.** Symptoms such as agitation, fast heartbeat, flushing, seizures, coma, sweating, loss of coordination, confusion, dizziness, tremors, stiff muscles, muscle twitching, seeing or hearing things that are not real (hallucinations), changes in blood pressure, high body temperature (hyperthermia), nausea, vomiting, or diarrhea may occur. Stop using XELSTRYM and call your HCP or go to the emergency room if symptoms occur. Serotonin syndrome may occur if XELSTRYM is taken with certain medicines and may be life-threatening.
- **Allergic skin rash (contact sensitization).** Stop using XELSTRYM and tell your HCP right away if you or your child develop swelling or blisters at or around the application site.
- **Application site reactions.** Reactions have happened while wearing XELSTRYM and after removing it. Symptoms include pain, itching, burning feeling, redness, discomfort, or swelling at the application site. Call your HCP if you or your child develop any application site reactions that do not resolve on their own.
- **New or worsening tics or worsening Tourette's syndrome.** Tell your HCP if you or your child get any new or worsening tics or worsening Tourette's syndrome during treatment with XELSTRYM.


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IMPORTANT SAFETY INFORMATION (continued)

Before taking XELSTRYM tell your HCP about all the medications you take and any medical conditions including if you:

- Are pregnant or plan to become pregnant. It is not known if XELSTRYM may harm your unborn baby. There is a pregnancy registry for women who are exposed to XELSTRYM during pregnancy. The purpose of the registry is to collect information about the health of women exposed to XELSTRYM and their babies. For more information on registering with the National Pregnancy Registry for Psychiatric Medications call 1-866-961-2388 or visit online at <https://womensmentalhealth.org/clinical-and-research-programs/pregnancyregistry/othermedications/>
- Are breastfeeding or plan to breastfeed. XELSTRYM can pass into your milk. Do not breastfeed while taking XELSTRYM. Talk to your doctor about the best way to feed your baby if you take XELSTRYM.

What should I avoid while using XELSTRYM?

- Do not drive, operate heavy machinery, or do other potentially dangerous activities until you know how XELSTRYM affects you.
- Avoid exposing the application site to direct external heat sources such as hair dryers, heating pads, electric blankets, heat lamps, saunas, hot tubs, and heated water beds, as exposure to heat can cause too much medicine to pass into your body and cause serious side effects.

The most common side effects of XELSTRYM include:

- | | | |
|----------------------|----------------------------|------------------------|
| • decreased appetite | • increased blood pressure | • vomiting |
| • trouble sleeping | • headache | • irritability |
| • stomach pain | • muscle twitching (tics) | • increased heart rate |
| • nausea | | |

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You are encouraged to report negative side effects of prescription drugs to FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.



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The patch should not be worn for more than 9 hours.

- The Mindful Patch app may help you start and stay on track with XELSTRYM
- To learn more about XELSTRYM and to access a library of helpful resources—including the Instructions for Use—download the **Mindful Patch app** or visit XELSTRYM.com



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GET IT ON
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XEL-3021-16 10/2025